



Postoperative Instructions

- Crowns, Bridges, Inlays, Onlays
- Deep Teeth Cleaning
- Dentures
- Extractions
- Fillings
- Gum Surgery
- Implant Surgery

Crowns, Bridges, Inlays, or Onlays

- You will wear temporary restorations until your permanent restoration is made.
- If your temporary falls off or breaks, save the pieces and call our office (724-346-5173). Do not bite your lips, cheeks, or scrape your gums. Children should be watched carefully to make sure they don't do this. It will damage soft tissues and result in pain.
- Sensitivity to cold and heat, as well as any soreness, should go away in a few days.
- Brush gently and floss carefully for the first few days.

Deep Teeth Cleaning

- Sensitivity to cold and heat will subside.
- Do not chew or eat until numbness subsides.
- Brush and floss as usual. Your gums may bleed a bit for a few days.

Dentures

- It is normal to experience some discomfort and speech problems while getting used to your new dentures. New dentures need several adjustments to fit comfortably. To help with speech, read aloud for a few minutes every day. Your mouth will adjust, and your speech will improve.
- Remove your dentures every night to allow your gums to rest. Keep the denture in container of water or denture cleaner.
- Thoroughly brush your dentures with water before wearing them.

Extractions

- For an hour after surgery, you should place pressure on the gauze pad covering the extraction site. If bleeding continues, apply new gauze and pressure for an additional 45 minutes.
- After surgery, place a cold compress on your face near the extraction site for 10 minutes. Remove for 5 minutes. Repeat.
- Do not eat or drink hot foods and beverages after surgery.
- Do not rinse your mouth.
- Do not use a straw.
- Do not spit.



- Do not drink carbonated beverages.
- Do not brush your teeth on the day of the surgery. Then resume normal home care, gently brushing and flossing.
- Bruising, swelling, and pain are normal – particularly if you have had a wisdom tooth extraction. Take your prescribed medication and use a cold compress on your face.
- Plan to eat soft foods, such as soups, milk shakes, fruit juice, and yogurt, for 2-3 days.
- Do not bite your lips, cheeks, or scrape your gums. Children should be watched carefully to make sure they don't do this. It will damage soft tissues and result in pain.

Fillings

- For an hour following your visit, do not chew. Wait until numbness subsides before eating. If you had amalgam fillings placed, do not chew for 24 hours.
- Do not bite your lips, cheeks, or scrape your gums. Children should be watched carefully to make sure they don't do this. It will damage soft tissues and result in pain.
- Sensitivity to cold and heat, as well as any soreness, should go away in a few days.

Gum Surgery

- Pain, swelling, and bleeding is normal following gum surgery. A cold compress should be placed on your face near the surgical site for 10 minutes at a time, with 5 minutes off, the day of your surgery. This will reduce pain, swelling, and bleeding.
- Take your prescribed medications as instructed.
- You should keep your appointment for follow-up with the dentist.
- Do not raise your lips and probe the area with your fingers.
- Do not brush your teeth near the sutures. However, you should brush and floss the rest of your teeth as you normally would.
- You may experience loss of sensation at the surgical site, and nearby teeth may feel loose for a while.
- Do not spit or use a straw the day of your procedure. Avoid smoking for a few days.

Implant Surgery

- Pain, swelling, and bleeding is normal following oral surgery. A cold compress should be placed on your face near the surgical site for 10 minutes at a time, with 5 minutes off, the day of your surgery. This will reduce pain, swelling, and bleeding.
- Take your prescribed medications as instructed.
- You should keep your appointment for follow-up with your the dentist.
- Do not raise your lips and probe the area with your fingers.
- Do not brush your teeth near the sutures. However, you should brush and floss the rest of your teeth as you normally would.
- Do not spit or use a straw the day of your procedure. Avoid smoking for a few days.